



## **Sickness Policy**

If a child is unwell they should not be in nursery care – not only to prevent the risk of infection spreading but also because constant nursing and attention may be needed.

If a child becomes unwell whilst in nursery we will inform the parents/carers immediately. If we cannot contact the parents the first emergency contact will be telephoned.

### **Chicken Pox**

The spots appear in crops every 3-4 days and develop quickly into blisters which leave a scab. The child is infectious until all the spots are crusted over, they may return to nursery after this point.

### **Conjunctivitis**

Eyes become bloodshot and watery and a yellow discharge appears. The child should not be excluded from nursery unless they are feeling particularly unwell.

### **Sickness/diarrhoea**

The child should be excluded from nursery until 48 hours has elapsed from the last episode of sickness or diarrhoea.

### **German measles**

The child should be excluded from nursery for 5 days after the rash appears and until they are feeling well.

### **Head lice**

The child should be excluded from nursery until after they have received treatment

### **Impetigo**

The child should be excluded from nursery until they have been treated and the infection has completely cleared up, or 48 hours after starting antibiotic treatment.

The nursery should be informed of any sickness as soon as possible.

More information can be found at <https://www.healthdirect.gov.au/childhood-illnesses>

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